

Gestational diabetes increases risk for the following, EXCEPT

- ☐ Congenital anomalies.
- ☒ Small for date fetus.
- ☐ Macrosomia.
- ☐ Prematurity and still birth.

The nurse is assigned to a patient who has a bacterial pneumonia and is under droplet precautions, which personal protective equipment (PPE) will s/he wear to deliver the meal tray?

- ☐ Special filtration mask and gloves.
- ☒ Only mask is needed.
- ☐ Gown, mask, gloves, shoe covers.
- ☐ No PPE required.

Artificially acquired immunity is obtained by

- ☐ Recovering from a disease.
- ☐ Being breast fed.
- ☒ Immunization with antibody response.
- ☐ Exposure to a disease.

Which of the following would not promote trust in the nurse-patient relationship?

- ☐ Returning at the stated time.

- ☐ 2. Fulfilling promises.
- ☐ 3. Maintaining confidentiality.
- ☒ 4. Examining a wound without providing privacy.

Question ID : 321011753
Status : Answered
Chosen Option : 4

Q.5 Refrigerated breastmilk should not be used if it is beyond:

- Ans
- ☐ 1. 1 week.
 - ☒ 2. 48 hours.
 - ☐ 3. 2 months.
 - ☐ 4. 2 weeks.

Question ID : 321011817
Status : Answered
Chosen Option : 2

Q.6 In the liver bacteria that found their way into portal circulation is destroyed by _____

- Ans
- ☒ 1. Kupffer cells.
 - ☐ 2. Cilia.
 - ☐ 3. Hydrochloric acid.
 - ☐ 4. Leukocytosis.

Question ID : 321011789
Status : Answered
Chosen Option : 1

Q.7 The Three Features of a Community

- Ans
- ☒ 1. Location, population and social system.
 - ☐ 2. Primary, secondary and tertiary
 - ☐ 3. Agent – Host - environment
 - ☐ 4. Physical –Mental - Social

Question ID : 321011846
Status : Answered
Chosen Option : 2

Q.8 Medical asepsis differs from surgical asepsis in that it is aimed at:

- Ans
- ☒ 1. Killing all microorganisms.
 - ☒ 2. Sterilizing all equipments.
 - ☒ 3. Preventing entry of microorganisms into the body.
 - ☒ 4.

Principles of ethical practice includes the following, EXCEPT

- ☒ Justice.
- ☒ Respect for autonomy.
- ☒ Maleficence.
- ☒ Beneficence.

The person who becomes short of breath with little exertion, such as when eating a meal, has what kind of respiratory condition?

- ☒ Dyspnea.
- ☒ Hyperventilation.
- ☒ Stridor.
- ☒ Cheyne - strokes respiration.

Behavioral clues of impending suicide are as follows, EXCEPT

- ☒ Withdraws from social activities and plans.
- ☒ Hypervigilance and exaggerated startle response.
- ☒ Becomes energetic after a period of severe depression.
- ☒ Gives away valuable possessions.

Vital statistics include the following, EXCEPT

- ☒ Birth rate.
- ☒ Education rate.
- ☒ Morbidity and mortality statistics.
- ☒ Life expectancy.

- ☐ Monocyte.
- ☐ Thrombocyte.
- ☒ Erythrocyte.

The traditional source-oriented, narrative type of charting is characterized by all of the following forms, EXCEPT the

- ☐ Doctor's progress sheet.
- ☐ History and physical examination form.
- ☒ Laboratory sheet.
- ☐ Database form.

The main cause of genital warts (Condylomata Acuminata) is:

- ☒ Human papilloma virus (HPV).
- ☐ Pelvic inflammatory disease.
- ☐ Neisseria gonorrhea.
- ☐ Herpes simplex virus.

The normal levels of sodium in plasma is

- ☒ 135-143 mEq/L
- ☐ 97-106 mEq/L
- ☐ 90-196 mg/100ml
- ☐ 60-100 mg/dl

Role of community nurse in school Health program, EXCEPT

- ☒ To provide immunization to the children
- ☐

Assist in screening physical, mental and other special examination of children in school

- ☐ Assist in communicable disease control
- ☐ Assist In school medical examination and follow up

Phototherapy is indicated for children with _____

- ☐ Hypoglycemia.
- ☐ Necrotizing enterocolitis.
- ☐ Hemolytic disease.
- ☒ Hyperbilirubinemia.

“Para” is defined as:

- ☐ Total number of pregnancies.



Number of past pregnancies gone beyond period of viability.

- ☐ Born from beginning of 38 to 42 weeks.
- ☐ Any pregnancy terminates before the period of viability.

In rheumatoid arthritis, during the acute phase the values which are significant are _____

- ☐ LFT elevation (Liver Function Test).
- ☒ ESR and C Reactive Protein (CRP) elevation.
- ☐ CBC elevation (Complete Blood Count).
- ☐ RFT elevation (Renal Function Test).

Homan's sign is used to assess





- ☐ Wound sepsis.
- ☒ Deep vein thrombosis.
- ☐ Hypotension.

 Hematoma.





A significant predictor of fetal well-being is if fetal heart rate is:

-  160 - 200 beats/min.
-  180 - 200 beats/min.
-  100 - 120 beats/min.
-  120 - 160 beats/min.





Example for autosomal recessive inheritance _____

-  Hemophilia.
-  Cystic fibrosis.
-  Craniofacial disorders.
-  Skeletal disorders.

Complete dilation of cervix to birth of a baby is staged as:

-  Stage 3 of labor.
-  Stage 2 of labor.
-  Stage 1 of labor.
-  Stage 4 of labor.

The major determinants of health

-  Screening for diseases
-  Public Education and Information
-  Public works, water, sanitation and housing
-  Agriculture, Food and Nutrition

The characteristics of lochia rubra is:

- ☐ Yellow-white.
- ☒ Bloody with fleshy odor.
- ☐ Pink/brown with flesh odor.
- ☐ Foul odor.

The key instruction to be given to the patient and the caregiver with epilepsy is as follows, EXCEPT

- ☐ Avoid alcohol, smoking, hypoglycemia.
- ☐ Maintain medication and seizure chart.
- ☒ Take showers in bath tubs.
- ☐ Take medications daily.

Potential adverse effects of surgery and anesthesia are as follows, EXCEPT

- ☐ Malignant hyperthermia / hypothermia.
- ☐ Thrombosis from compression of blood vessels or stasis.
- ☒ Dehydration and electrolyte imbalance.
- ☐ Myocardial depression, bradycardia, circulatory collapse.

The brain region which is responsible for coordination of voluntary muscular movement, posture and balance

- ☐ Cerebral cortex.
- ☐ Spinal cord.
- ☐ Medulla Oblongata.
- ☒ Cerebellum.

In what ways could Hepatitis A virus be spread in a, if one of the kitchen employees is in the reservoir.

- ☐ While he speaks and sneezes, through droplet route.
- ☐ If he sustains a cut through blood borne.
- ☐ While he coughs out through air borne route.
- ☒ Oral-fecal route, through his hands.

Eclampsia is characterized by the following, EXCEPT

- ☐ Seizures.
- ☐ Marked proteinuria.
- ☒ Mild facial edema.
- ☐ BP greater than 160/110Hg.

When dangling the patient at the bedside, monitor for:

- ☐ Fever from exertion.
- ☐ Visual field disturbances and dizziness.
- ☐ Malignant hypertension and dizziness.
- ☒ Orthostatic hypotension and dizziness.

The following are presenting symptoms of patients with catatonic schizophrenia, EXCEPT

- ☐ Stereotyped position with waxy flexibility.
- ☐ Sudden onset of mutism.
- ☒ Disorganized behavior and speech.
- ☐

Have dangerous periods of agitation and explosive behavior.

The following are the important preoperative nursing care for a patient with benign prostatic hypertrophy, EXCEPT

- ☐ Assure nutrition and correct fluid and electrolyte balance.
- ☐ Promoting urinary drainage.

- ✓ Hormonal therapy.
- ✗ Acid-ash diet to treat infection.

One cardiac cycle completes in _____

- ✗ 0.12 seconds.
- ✗ 0.57 seconds.
- ✗ 0.9 seconds.
- ✓ 0.8 seconds.

Why is it important for health care providers to monitor the growth and development of the children?

- ✗ Studying groups of children helps to determine normal ranges.
- ✓ Early detection of potential problems leads to earlier care and treatment.
- ✗ Parents need the reassurance of professionals to know their children are healthy.
- ✗ Statistical analysis is important for research.

Approach to health is that acknowledges and respects the interaction of a person's mind, body and spirit within the environment is termed as:

- ✓ Holistic Health Model
- ✗ High – Level Wellness Model
- ✗ Health Belief Model
- ✗ Clinical Model

The extracellular fluid includes the following EXCEPT

- ✓ Fluid within the cells.
- ✗ Blood, plasma and lymph.
- ✗ Synovial fluid, pericardial fluid, and pleural fluid.

☐ Cerebrospinal fluid and fluid in the interstitial spaces.

APGAR score is considered excellent if the score is:

- ☐ 4-6.
- ☒ 7-10.
- ☐ 0-3.
- ☐ 3-7.

Inborn errors of metabolism are the following, EXCEPT

- ☐ Phenylketonuria.
- ☐ Tay-Sachs disease.
- ☐ Cystic fibrosis.
- ☒ Turner's syndrome.

Cardiogenic shock is precipitated by _____

- ☐ Bacteremia.
- ☐ Spinal cord injury.
- ☒ Myocardial infarction.
- ☐ Severe allergy.

The main sign and symptom noticed in patients with Achalasia is:

- ☐ Butterfly rash.
- ☐ Hypertension.
- ☒ Dysphagia.
- ☐ Joints pain.

A clinical sign that a patient is close death would be _____

- ☒ Periods of apnea and irregular respirations.
- ☐ Increasing BP, pulse, respiration.
- ☐ Nausea that occurs after meals.
- ☐ Pain that is well controlled with small doses of morphine.

The amount of air passing into and out of the lungs during each cycle of breathing is referred as:

- ☐ Total lung capacity.
- ☐ Vital capacity.
- ☐ Residual volume.
- ☒ Tidal volume.

Philosophy of Primary Health Care are as follows EXCEPT

- ☐ Inter-sectoral approach
- ☐ Inter – relationship of health and development
- ☒ Primary prevention
- ☐ Equity and justice

Nurses use the nursing process as a method of:

- ☐ Communicating with patients and families.
- ☐ Meeting public expectations of nurses.
- ☒ Planning, organizing and delivering patient care.
- ☐ Meeting the legal requirements and standards in nursing.

Tumors within sella turcica and small adenomas of the pituitary glands can be removed through _____

- ☐ Infratentorial approach.
- ☒ Transphenoidal approach.
- ☐ Supratentorial approach.
- ☐ Craniectomy.

All elderly tend to be more susceptible to infection because of:

- ☒ A decline in immune function.
- ☐ Poor nutritional status.
- ☐ Increased exposure of pathogens.
- ☐ Lack of exercises.

The patient with appendicitis usually exhibit the following clinical manifestations.

- ☐ Pain occurs immediately after eating.
- ☐ Hematemesis or melena.
- ☐ Heartburn, regurgitation and dysphagia.
- ☒ Rebound tenderness at the McBurney's Point.

Bipolar disorders are treated with the following medications, EXCEPT

- ☐ Lithium.
- ☒ Amphetamine.
- ☐ Valporic acid.
- ☐ Carbamazepine.

Wearing seat belts, safety helmets and other safety equipments are example for:

- ☐ Secondary health promotion behavior.
- ☐ Holistic health care model.

- ☐ Tertiary health promotion behavior.
- ☒ Primary health promotion behavior.

The drug of choice to treat Bullimia nervosa is:

- ☒ Antidepressants (Eg. SSRI)
- ☐ Thiamine IV.
- ☐ Benzodiazepines.
- ☐ IV Glucose 10%

The main clinical manifestations of pulmonary edema are as follows, EXCEPT

- ☐ Caught with expectoration.
- ☒ Hypotension.
- ☐ Cyanosis.
- ☐ Dyspnea.

The major nutrients involved in fluid balance are _____

- ☒ Potassium and sodium.
- ☐ Vitamin B9 and magnesium.
- ☐ Fats and proteins.
- ☐ Chloride and carbohydrates.

The commonest drug which is administered during an anaphylactic reaction

- ☐ Anticonvulsant.
- ☒ Injection Epinephrine.
- ☐ Antibiotic.
- ☐ Diuretic.

The cleft palate usually repaired _____

- ☐ 3 months.
- ☐ 2-3 years.
- ☐ 6 months.
- ☒ 12-18 months.

The size of which part of the eye contributes to the controlling the amount of light entering the eye

- ☐ Lens.
- ☐ Optic disc.
- ☐ Macula lutea.
- ☒ Pupil.

Aganglionic disease of the intestinal tract which causes inadequate motility is termed as:

- ☐ Ulcerative colitis.
- ☐ Crohn's disease.
- ☒ Hirschsprung's disease.
- ☐ Diverticular disease.

The most common method of microorganism transfer from one person to another in the hospital setting is prevented by

- ☒ Washing hands thoroughly and frequently.
- ☐ Disinfecting instruments in special solutions.
- ☐ Changing bed linen daily.
- ☐ Filtering air in the hospital.

Accumulation of endolymph causing distention and increased pressure within the membranous labyrinth with destruction of sensory cells in the ampulla and cochlea is

- ☒ Osteosclerosis.
- ☒ Hordeolum.
- ☒ Otitis media.
- ☒ Meniere's disease.

The complications for ventricular septal defect are as follows, EXCEPT

- ☒ Pulmonary hypertension.
- ☒ Heart failure.
- ☒ Endocarditis.
- ☒ Cerebral palsy

Preterm labor is when it occurs between:

- ☒ 32-36 weeks of gestation.
- ☒ 20-37 weeks of gestation.
- ☒ 16-20 weeks of gestation.
- ☒ 24-30 weeks of gestation.

Rh. Negative mother should receive – globulin

- ☒ RhO (D) immune.
- ☒ RhO (M) globulin.
- ☒ Acetylcholinesterase.
- ☒ Lecithin/Sphingomyelin.

Positive – definite sign of pregnancy is:

- ☒ Amenorrhea.

- ☐ Quickening.
- ☒ Visualization of fetus by ultrasound.
- ☐ Uterine enlargement.

When considering the principle of growth and development, remember that

- ☐ Development occurs evenly, with periods of no growth occurring every third year.
- ☐ All children should grow in the same rate; all four year olds should weigh within 4 kgs of each other.
- ☒ Although development occurs in an orderly sequence, the rate may vary between individuals.
- ☐ Most children can run before they walk.

Protective devices are applied snugly, which of the following findings would you be concerned about?




- ☐ Skin that is warm and pink.
- ☐ Ability move fingers and toes.
- ☐ Quick capillary refill of the nailbeds.
- ☒ Pallor of the nailbeds.

Bulging sack like lesion filled with spinal fluid and spinal cord element is:


- ☐ Meningocele.
- ☒ Myelomeningocele.
- ☐ Hydrocephalus.
- ☐ Spinal bifida occulta.


The elderly individual is at greater risk for dehydration than the middle-aged adult because _____


- ☐ The elderly have more muscle mass.


-  The elderly drinks little fluid.
-  Their bodies are almost 80% water.
-  Compensatory mechanisms work less efficiently.

Beds on the unit have rapidly filled and the patient with bacterial pneumonia is about to have a roommate. The roommate is postsurgical patient without an infection, the nurse would





 Notify the admitting office that the new patient cannot be housed with a patient under droplet pneumonia.

 Not to worry because this room has its own air filtration system.





 Simply prepare the unit for the arrival of the new patient.

 Make certain that the curtains around the new patient's bed are functional and completely closed.

Current jelly like stools containing blood and mucus among 3 months to 3 years old child is suspected to have

-  Hirschsprung's disease.
-  Abdominal hernia.
-  Meckel's diverticulum.
-  Intussusception.

Patient complains of pain and has redness with swelling at the site of IV. The nurse must

-  Stop infusion and remove IV cannula.
-  Apply warm moist pack to the reddened area.
-  Start nasal oxygen.
-  Change IV tubing and the solution.

Alcohol withdrawal symptoms area as follows, EXCEPT

-  Euphoria.

- ☒ Anxiety and insomnia.
- ☒ Hallucinations.
- ☒ Tremor.

Responses to avoid in therapeutic communication are as follows, EXCEPT:

- ☒ Arguing and judgmental responses.
- ☒ Closed-ended questions.
- ☒ Advice giving.
- ☒ Reflecting and clarifying.

Which of the following is not a typical difference factor between benign and malignant tumors.

- ☒ Size of the tumor.
- ☒ Growth rate.
- ☒ Encapsulation.
- ☒ Cell differentiation.





Mantoux Test (Purified Protein Derivative) is significantly positive when the erythema measures

- ☒ 15 mm or greater
- ☒ 3.5 mm - 9.9 mm
- ☒ 5 mm - 10 mm
- ☒ 10 mm - 14.9 mm





To encourage an infant's cognitive and psychosocial development, parents and other caregivers should _____

- ☒ Allow the baby to play alone several hours each day.
- ☒ Firmly explain the rules of acceptable behavior.
- ☒ Give loving, consistent care, including playing.
- ☒ Keep the baby with them at all times so he or she is safe.




Health maintenance program for older people in the community are as follows EXCEPT

-  Dietary guidance and food services
-  Palliative care
-  Health education
-  Home health service

False labor manifestation are as follows, EXCEPT

-  Contraction lessen with activity or rest.
-  Cervix progressively effaced and dilated.
-  Abdominal discomfort.
-  Contractions irregular.





The key dietary advice given for patients with gastro esophageal reflux disease is:

-  High fiber diet with lot of fluids.
-  To take high carbohydrate diet.
-  To avoid protein and calcium.



To avoid caffeine, tobacco, beer, milk and carbonated beverages.

Compression of facial nerve in the temporal bone will lead to _____

-  Gullian-Barre syndrome.
-  Meningocele.
-  Bell's palsy.
-  Multiple sclerosis.

Considering the chain of infection, a reservoir might be

- ☐ A tick carrying Lyme disease.
- ☐ Staphylococcus bacteria.
- ☒ A contaminated water supply.
- ☐ An uninfected patient.

The level of care which is oriented towards the promotion and maintenance of health, the prevention of Community disease, the management of common episodic disease and the monitoring of stable or chronic conditions.

- ☐ Tertiary care level
- ☐ Secondary care level
- ☐ Advanced care level
- ☒ Primary care Level

Standard precaution requires the use of protective eye wear when

- ☐ Caring for a patient with cough.
- ☐ When a wound is oozing blood.
- ☒ There is a danger of body fluids splashing.
- ☐ Invasive procedure are performed.

Secondary prevention is:

- ☐ Good living and working condition
- ☒ Early detection (diagnosis) of disease & Prompt treatment
- ☐ Safe water Supply, Vector and animal reservoir control
- ☐ Nutritional counseling

In Erickson's theory, adolescent develop a sense of _____

- ☐ Intellect.
- ☐ Initiative.
- ☐ Industry.
- ☒ Identity.

Repetitive, uncontrollable thoughts and acts (Eg. Rituals, rigidity, inflexibility) is termed as:

- ☒ Obsessive Compulsive Disorder.
- ☐ Ritualistic behavior.
- ☐ Phobias.
- ☐ Apprehension.

The bacteria that retain the stain in Gram's method of staining is a:

- ☐ Spores of bacteria.
- ☒ Gram positive bacteria.
- ☐ Gram negative bacteria.
- ☐ Broad spectrum bacteria.

The reflex action of the toes are indicative of abnormalities in the motor control pathways leading from cerebral cortex is _____

- ☒ Babinski reflex.
- ☐ Patellar reflex.
- ☐ Achilles reflex.
- ☐ Romberg test.

Reye's syndrome is associated with _____

- ☐ Biliary colic.

- ☒ Use of aspirin with viral illness.
- ☐ Sick cell crisis.
- ☐ Hemolytic transfusion reactions.

The classical substances that increases the sensitivity of pain receptors by enhancing the pain-provoking effect of bradykinin is

- ☐ Nociceptor.
- ☐ Endorphins.
- ☐ Enkephalin.
- ☒ Prostaglandins.

When a pulse rate is irregular, it is best to count the _____

- ☐ Radial pulse for 30 seconds.
- ☐ Radial pulse for a full minute.
- ☒ Apical pulse for a full minute.
- ☐ Apical pulse for 30 seconds.

When assessing physical development of the five year old, you would find it abnormal if he _____

- ☐ Could stack up pile of six blocks.
- ☒ Needed to go up a stairway one step at a time.
- ☐ Could jump on one foot a few times.
- ☐ Could catch a large rubber ball.

To properly stage a pressure ulcer,

- ☐ The skin must be completely dry.
- ☐ The patient must be supine.
- ☒ Eschar must be removed.

☐ Natural light must be used.

HbA1C indicates post serum glucose levels over previous

☐ 6 months period.

☐ 2 months period.

☐ 1 month period.

☒ 3 months period.

The patient who has an appointment for a Pap smear should have been instructed.

☐ That the procedure takes about 45 minutes.

☒ Not to douche or use vaginal medication before the test.

☐

To bring sanitary pad because moderate bleeding may occur.

☐ That she will know the test results before leaving the office.

Progressive thinning and shortening of cervix is defined as:

☒ Effacement.

☐ Contraction.

☐ Expulsion.

☐ Dilation.

इरावदी नदी किस देश में बहती है?

☒ म्यांमार

☐ भूटान

☐ बांग्लादेश

✗ वियतनाम

"वाइड एंगल" का लेखक कौन है?

✗ शेन वार्न

✗ राहुल द्रविड़

✓ अनिल कुंबले

✗ शोएब अख्तर

चिल्का झील किस राज्य में स्थित है?

✗ असम

✓ ओडिशा

✗ झारखण्ड

✗ पश्चिम बंगाल

What is the capital of Sweden?

✗ Geneva

✓ Stockholm

✗ Madrid

✗ Kiev

Which country hosted 2018 FIFA world cup?

✗ Japan

✗ China

✓ UAE

✗ Qatar

